

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
TUCSON, ARIZONA  
PERMIT NO. 190

# WOMEN'S MENTAL HEALTH FORUM

SATURDAY,  
APRIL 16, 2005

*Black Canyon Conference Center  
9440 N. 25th Ave.  
Phoenix, AZ*

PRESENTED BY:



INSTITUTE FOR  
Mental Health Research



Women's  
Mental Health  
Program  
The University of Arizona  
College of Medicine

THE UNIVERSITY OF ARIZONA,



National Center of Excellence in  
women's health



ARIZONA STATE  
UNIVERSITY  
Department of  
Psychology

CONTINUING MEDICAL EDUCATION  
SPONSORED BY:

*The University of Arizona College of Medicine at the  
Arizona Health Sciences Center*

THE UNIVERSITY OF  
ARIZONA®  
HEALTH SCIENCES CENTER

## EDUCATIONAL OBJECTIVES

In relation to the goal of improving patient care, participants of this symposium will be able to:

- Discuss updates in women's mental health care and depression in women across lifespan.
- Describe issues related to women's health research.
- Examine mental health topics associated with aging, breast cancer, emotional differences, sleep disorders, reproductive health, resiliency and stress, schizophrenia, domestic violence and headaches.

## LOCATION

The symposium will be held at the Black Canyon Conference Center, 9440 N. 25<sup>th</sup> Ave, Phoenix, AZ. Directions and map can be found at: [www.blackcanyonconferencecenter.com](http://www.blackcanyonconferencecenter.com)  
<http://www.blackcanyonconferencecenter.com/directions.htm>

These two nearby hotels are holding rooms for event participants. Be sure to mention that you are attending the Women's Mental Health Forum. Rooms will be held until March 16.

**PRIME Hotel Phoenix North**  
2641 W. Union Hills Drive  
\$89 special rate  
(602) 978-2222

**AmeriSuites Phoenix  
Metrocenter**  
10838 N. 25<sup>th</sup> Avenue  
\$79 special rate  
(602) 997-8800

## ACCREDITATION

**MEDICINE:** The University of Arizona College of Medicine at the Arizona Health Sciences Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine at the Arizona Health Sciences Center designates this educational activity for a maximum of 5 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

**NURSING:** This CE activity for 5 contact hours, has been approved by the Arizona Nurses' Association, which is accredited as an approver of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation. AZNA and ANCC Commission on Accreditation do not approve or endorse any commercial products displayed.

**PSYCHOLOGY:** This program is co-sponsored by the Arizona Psychological Association (AzPA) and the University of Arizona College of Medicine at the Arizona Health Sciences Center. The Arizona Psychological Association is approved by the American Psychological Association to offer continuing education to psychologists. AzPA maintains responsibility for this program. 5.5 hours of Arizona category 1 credit may be earned.

**SOCIAL WORKERS** can apply for CE hours by presenting their certificate of attendance to their accredited provider. Other accrediting bodies usually accept these CE hours as reciprocal hours.

*Certificates will be distributed at the end of the program.*

Professional Development Office  
Department of Psychiatry  
PO Box 245002  
Tucson, AZ 85724-5002

THE UNIVERSITY OF  
ARIZONA®  
HEALTH SCIENCES CENTER

# SCHEDULE

- 8:15 – 8:45 Registration and Sign In
- 8:45 – 9:00 **Welcome**  
Mike Meyer
- 9:00 – 9:40 **Introduction: Depression in Women Across the Lifespan**  
Marlene P. Freeman, MD
- 9:40 – 10:20 **Why Women's Health Research?**  
Marietta Anthony, PhD
- 10:20 – 10:30 BREAK
- 10:30 – 11:20 **Breakout Sessions I**  
**A. Emotional Differences Between Women and Men**  
Richard D. Lane, MD, PhD  
**B. Breast Cancer and Mental Health Issues**  
Karen Weihs, MD  
**C. Sleepless in Arizona: An Overview of Sleep Disorders**  
Joanna Katsanis, PhD
- 11:20 – 12:30 Working Lunch
- 12:00 – 12:20 **Institute for Mental Health Research**  
Cyd West
- 12:30 – 1:20 **Breakout Sessions II**  
**D. Stress and Resilience in Women**  
Mary C. Davis, PhD  
**E. Schizophrenia in Women**  
Rebecca A. Hill, MBBS  
**F. Domestic Violence**  
Liz Kinsworthy, MC, RN, CS
- 1:20 – 1:30 **Classroom Change**
- 1:30 – 2:20 **Breakout Sessions III**  
**G. Headaches in Women**  
Steven R. Galper, MD  
**H. Aging and Cognition for Women**  
Leslie C. Baxter, PhD  
**I. Pregnancy Outcomes and Mental Health: Understanding the Relationship**  
Nancy Felipe Russo, PhD
- 2:20 – 3:10 **Eating Disorders Update**  
Chelsea Chesen, MD

## REGISTRATION & TUITION

Complete the Registration Form and return it with payment of \$35. Residents, Medical, Nursing and other graduate students can attend on a scholarship basis, and must provide proof of status with their registration form. ALL participants paying after March 15, 2005 must pay the \$20 late fee. To guarantee a spot to attend this event, payment must be made prior to April 16, 2005. Registration is not complete without payment. There is no guarantee that walk-ins can be accommodated.

**Checks must be made payable to: The University of Arizona Foundation.** Tuition includes comprehensive syllabus course materials, tote bag, general and breakout session lectures and exhibits, CME/CE certificate, continental breakfast and lunch.

### Send registration and payment to:

UA Psychiatry, Professional Development Office  
PO Box 245002, Tucson, AZ 85724-5002  
(520) 626-1392 • (520) 626-5732 FAX

**Absolutely no refunds will be issued. No refunds will be provided for non-attendance.**

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting the Department of Psychiatry at (520) 626-1392. Requests should be made as early as possible to allow time to arrange the accommodation.

## SPEAKERS

**Marlene P. Freeman, MD**  
Symposium Chair  
Director, Women's Mental Health Program  
Assistant Professor, Psychiatry, Obstetrics/  
Gynecology and Nutritional Sciences  
UA College of Medicine  
Tucson, AZ

**Marietta Anthony, PhD**  
Associate Vice President for Women's  
Health Research  
UA College of Medicine and  
Arizona Health Sciences Center  
Tucson, AZ

**Leslie C. Baxter, PhD**  
Senior Research Scientist  
Neuropsychology Neuroimaging Laboratory  
Barrow Neurological Institute  
Phoenix, AZ

**Chelsea Chesen, MD**  
Assistant Professor, Clinical Psychiatry  
UA College of Medicine  
Medical Director, Telepsychiatry  
Arizona Telemedicine Program

**Mary C. Davis, PhD**  
Associate Professor, Psychology  
Arizona State University  
Tempe, AZ

**Steven R. Galper, MD**  
Clinical Assistant, Anesthesiology  
Fellow in Pain Management, Department of  
Anesthesiology  
UA College of Medicine  
Tucson, AZ

**Rebecca A. Hill, MBBS**  
Fellow in Psychopharmacology  
Department of Psychiatry  
UA College of Medicine  
Tucson, AZ

**Joanna Katsanis, PhD**  
Associate Professor, Psychiatry  
UA College of Medicine  
Tucson, AZ

**Liz Kinsworthy, MC, RN, CS**  
Domestic Violence Healthcare Educator  
Administration of Resources and Choices  
Tucson, AZ

**Richard D. Lane, MD, PhD**  
Professor, Psychiatry, Psychology and  
Neuroscience  
UA College of Medicine  
Tucson, AZ

**Mike Meyer**  
President, Institute for Mental Health  
Research  
Phoenix and Tucson, AZ

**Nancy Felipe Russo, PhD**  
Regents Professor of Psychology and  
Women's Studies  
Director, Graduate Program in  
Social Psychology  
Arizona State University  
Tempe, AZ

**Karen Weihs, MD**  
Associate Professor, Psychiatry  
UA College of Medicine  
Tucson, AZ

**Cyd West**  
Chief Executive Officer  
Institute for Mental Health Research  
Phoenix and Tucson, AZ

## REGISTRATION FORM

# WOMEN'S MENTAL HEALTH FORUM

SATURDAY, APRIL 16, 2005

Black Canyon Conference Center • Phoenix, Arizona

PLEASE PRINT/TYPE OR ATTACH A BUSINESS CARD

Name: \_\_\_\_\_

(as you would like to appear on your badge and certificate)

Degree(s)/Credentials: \_\_\_\_\_

Practice Discipline:  Nursing  Medicine  Psychology  
 Social Work  Counseling  Other \_\_\_\_\_  
Specify

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ FAX: ( ) \_\_\_\_\_

(area code)

(area code)

### BREAKOUT SESSIONS:

See the titles on schedule and choose one for EACH Session

**Breakout Session I** **Breakout Session II** **Breakout Session III**  
A / B / C D / E / F G / H / I

**TUITION FEES:** Payment enclosed and postmarked on or before March 15, 2005 is \$35. Space is limited so register early.

Please help us keep an accurate count for lunch:

I will attend lunch  I will **not** attend lunch

\$35 per registrant \$ \_\_\_\_\_

**Payment enclosed and postmarked after**

**March 15, add \$20 late fee:** \$ \_\_\_\_\_

All registrations after 3/15/05 must pay the late fee, including Residents, Medical, Nursing and other graduate students even though the registration fee is complimentary.

**Total** \$ \_\_\_\_\_

**PAYMENT:** Check (enclosed) payable to the:

**University of Arizona Foundation**

Send to: UA Psychiatry, Professional Development Office  
PO Box 245002, Tucson, AZ 85724-5002

Visa  MasterCard (appears on your statement as payment made to the University of Arizona Foundation)

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Cardholder's Name as it appears on the card \_\_\_\_\_

**If paying by credit card you may FAX completed Registration Form to (520) 626-5732**

Tuition paid to The University of Arizona Foundation is not a tax-deductible gift contribution. Tuition, meals and lodging may be tax-deductible as educational expenses. Check with your tax advisor.